

LIFEBIO CONTACT INFO

1-866-543-3246 or 937-644-9742

Email: info@lifebio.com



What is LifeBio?

LifeBio empowers communities to help people tell and share life stories. Different methods are provided to meet the unique needs of your community. It is possible to create an autobiography instantly on the web, fill out the pages of a Memory Journal during a one-on-one visit, encourage someone to write their own Love Story or Veterans Story, lead an 8-week class for independent residents, or journal with someone with Alzheimer's or another form of dementia. All LifeBio programming is designed to encourage ALL staff (not just life enrichment or activities), family members, and volunteers to work with residents to capture their memories—the gift of a lasting legacy.

What goals does LifeBio help you accomplish?

- Promotes wellness—social, intellectual, emotional, physical, and more.
- Helps you deliver *relationship*-centered service & care
- Differentiates your community—marketing benefits from this new amenity
- Empowers residents to assist or lead reminiscence programming
- Eases move-in transitions and helps build friendships
- Encourages family involvement & provides a structure for meaningful visits
- Helps to attract and keep volunteers (youth and adult)
- Captures "Greatest Generation" stories now, preventing regrets and loss

What does the LifeBio Certified Community Program include?

- Access for all residents and their families to LifeBio.com and TellYourStoryCafe.com – ability to create ready-to-print autobiographies using 10, 20, or up to 250 life story questions. Web portal has your logo branded on it.
- Memory Journals to provide a structure for visiting.
- Guide to Interviewing and Recording – perfect for engaging volunteers of all ages in interviewing your residents.
- LifeBio 101 Curriculum – 8 week class on reminiscing and life review that staff can easily facilitate to build meaningful relationships.
- Story Pictures – creative storytelling through funny or thought-provoking pictures.
- MemoryBio – journaling and conversation tool for people with Alzheimer's and dementia.
- Legacy Creation Kit – contains master materials for easy access for duplication.
- LifeBio Online Resource Center – gain access to all electronic documents via web.
- Publicity & Marketing Kit – ready to go press releases and background material.
- Certificate to display in public designating your LifeBio Certified Community status.





Testimonials

"I was excited about this program and discovered that setting up a profile on the computer was easy. I saw how this would be a great way to involve my six children and their families. The computer already does a good job of keeping families connected and this adds another dimension to that connection. I was never one for writing much, but the system of questions in LifeBio's program makes it easy to do and more fun."

Lynn Sullivan

Resident, Fairview—a VibrantLiving Community, Downer's Grove, IL

"The LifeBio Certified Community Program is awesome. The program has generated excitement among the residents and in all levels of our community. It has helped develop strong bonds between residents, family, staff and volunteers. It's even helped me with my own mother's life story."

Donna Gruis

Innovative Technology Director for Good Samaritan Society's Fort Collins Village, Fort Collins, CO



"From a psychological standpoint, recalling and sharing life stories is a powerful activity," said Chris Fenn, vice president of Elder Enterprises and People Energized through Purpose (PEP) coach for VibrantLiving Communities and Services. "Studies show that it can lower depression, exercise the brain, improve social interaction, increase a sense of purpose, and engage those with memory loss. Life stories also create new conversations and strengthen bonds between family members and others. Some people might not have taken the time to share this information without the prompting provided in this important new program."

Chris Fenn

Vice President of Elder Enterprises and People Energized through Purpose (PEP) Coach

VibrantLiving Communities and Services, Downer's Grove, IL

"LifeBio enriches future generations by capturing legacies that disappear from family histories because oral storytelling is fading from generation to generation."

Ric Olson

President and CEO

Vibrant Living Communities and Services, Downer's Grove, IL



"LifeBio questions made it much easier to stimulate my life and record my family history. It's something I wanted to do for my children for a long time, and LifeBio made it possible."

Mary McCreless

Resident, Good Samaritan Society's Fort Collins Village, Fort Collins, CO

"The LifeBio program definitely activated my memory and is especially important as my children delve more into our family genealogy. It is all about preserving tidbits of family history. Life was different back then. We didn't have all the distractions they do today, like owning a car, radio, TV or the computer. It's nice to remind them of an earlier time."

Alice Pegacz

Resident, Fairview—a VibrantLiving Community, Downer's Grove, IL

